

**OFSAA PAST CHAMPIONS  
GIRLS' CROSS COUNTRY RUNNING**

**MIDGET TEAM**

<b>YEAR</b>	<b>SCHOOL</b>	<b>ASSOCIATION</b>	<b>SITE</b>
2008	London Central	WOSSAA	Sarnia
2007	Sacred Heart CHS	YRAA	Niagara Falls
2006	A.B. Lucas S.S.	WOSSAA	Thunder Bay
2005	Dunbarton H.S.	LOSSA	Kingston
2004	Catholic Central H.S.	WOSSAA	Guelph
2003	Resurrection C.S.S.	CWOSSA	Renfrew
2002	Birchmount Park C.I.	TDSSAA	Port Hope
2001	St. Christopher S.S.	SWOSSAA	Gloucester
2000	St. Patrick's H.S.	SWOSSAA	Brampton
1999	Birchmount Park C.I.	SSSAA	Toronto
1998	Lockerby C.S.	NOSSA	Toronto
1997	Preston H.S.	CWOSSA	Cobden
1996	Banting H.S.	WOSSA	Toronto
1995	Saugeen D.S.S.	CWOSSA	London
1994	Opeongo H.S.	EOSSAA	Ancaster
1993	St. Patrick's H.S.	WOSSA	Woodbridge
1992	St. Mary's C.D. & V.I.	WOSSA	Brampton
1991	St. Patrick's H.S.	WOSSA	Barrie
1990	Sir Winston Churchill S.S.	SOSSA	London
1989	Sir Winston Churchill S.S.	SOSSA	Boyd
1988	Chippewa S.S.	NOSSA	Kingston
1987	Michael Power/St. Joseph	TDCAA	Toronto
1986	Georgetown D.H.S	HIAC	North Bay
1985	Milton D.H.S.	PHSSAA	Brockville
1984	St. Mary's C.D. & V.I.	WOSSA	Georgetown
1983	Georgetown D.H.S	PHSSAA	London
1982	Georgetown D.H.S	PHSSAA	North York
1981	White Pines C.V.S.	NOSSA	Boyd
1980	Georgetown D.H.S	PHSSAA	London
1979	Georgetown D.H.S	PHSSAA	Glen Lawrence
1978	Henry Carr H.S.	TDIAA	Scarborough
1977	West Ferris S.S.	NOSSA	North Bay
1976	Henry Carr H.S.	TDIAA	St. Catharines
1975	Westminster S.S.	WOSSA	Collingwood
1974	West Hill C.I.	TDIAA	Albion Hills
1973	West Ferris S.S.	NOSSA	Brantford

**MIDGET INDIVIDUAL**

<b>YEAR</b>	<b>STUDENT ATHLETE</b>	<b>ASSOCIATION</b>	<b>SCHOOL</b>
2008	Cheyenne Hunter	CWOSSA	Kincardine DSS
2007	Kaitlyn Oliver	YRAA	Aurora HS
2006	Liane Ouelett-Gaston	CISAA	Trinity College
2005	Jessica Parry	SWOSSAA	Catholic Central
2004	Laura Twidle	ROPSSAA	Erindale S.S.
2003	Lindsay Carson	CWOSSA	Southwood S.S.
2002	Tess Acton	NCSSAA	South Carleton H.S.
2001	Alyson Kohlmeier	SWOSSAA	St. Patrick's H.S.
2000	Alyson Kohlmeier	SWOSSAA	St. Patrick's H.S.
1999	Perianne Jones	EOSSAA	Almonte D.H.S.
1998	Nikki Reckman	SWOSSAA	Lambton Christian
1997	Briana Martin	GBSSA	Barrie North C.I.
1996	Erin McClure	CWOSSA	Waterloo C.I.
1995	Carla Briante	CWOSSA	J.F. Ross S.S.
1994	Emily Tallen	EOSSAA	Frontenac S.S.
1993	Jennifer Kehoe	WOSSA	Catholic Central
1992	Amanda Hornbrook	DYSSAA	Unionville H.S.
1991	Mary Jane Richards	NCSSAA	Bell H.S.
1990	Jill Gamble	CWOSSA	Owen Sound C.V.S.
1989	Marg Finlayson	WOSSA	London South S.S.
1988	Louise Creighton	NWOSSAA	Port Arthur C.I.
1987	Kathy Butler	CWOSSA	Waterloo C.I.
1986	Jennifer Broad	SWOSSA	St. Anne's S.S.
1985	Jennifer Armstrong	WOSSA	London South S.S.
1984	Leanne McVey	IAGB	New Liskeard H.S.
1983	Antoinette Grech	NOSSA	Mt. St. Joseph's
1982	Beth Tarasuk	WOSSA	Sir F. Banting S.S.
1981	Tammy Roberts	DYSSAA	Pickering D.H.S.
1980	Lynn Kapsa	TDCAA	Mt. St. Joseph's
1979	Linda Vanderwielen	EOSSAA	Tagwi H.S.
1978	Paula Schnurr	PHSSAA	Assumption
1977	Sabina Horne	NOSSA	West Ferris S.S.
1976	A. Ransier	WOSSA	Laurier S.S.
1975	Joanne Graves	PHSSAA	Westwood S.S.
1974	J. McLeod	GBSSA	
1973	C. Titus	GBSSA	Collingwood C.I.

**JUNIOR TEAM**

<b>YEAR</b>	<b>SCHOOL</b>	<b>ASSOCIATION</b>	<b>SITE</b>
2008	Westdale SS	SOSSA	Sarnia
2007	Abbey Park	GHAC	Niagara Falls
2006	Abbey Park	GHAC	Thunder Bay
2005	Highland S.S.	SOSSA	Kingston
2004	Sacred Heart C.H.S.	YRAA	Guelph
2003	Paul Dwyer C.H.S.	LOSSA	Renfrew
2002	Sarnia Northern C.V.S.	SWOSSAA	Port Hope
2001	Sir Winston Churchill	SOSSA	Gloucester
2000	Sir Winston Churchill	SOSSA	Brampton
1999	Sir Winston Churchill	SOSSA	Toronto
1998	Parry Sound H.S.	GBSSA	Toronto
1997	London Central S.S.	WOSSA	Cobden
1996	St. Patrick's H.S.	SWOSSAA	Toronto
1995	St. Patrick's H.S.	WOSSA	London
1994	London Central S.S.	WOSSA	Ancaster
1993	Markham D.H.S.	DYSSAA	Woodbridge
1992	Sir Winston Churchill	SOSSA	Brampton
1991	North Toronto C.I.	TSSAA	Barrie
1990	Sir F. Banting S.S.	WOSSA	London
1989	Branksome Hall	TDCAA	Boyd
1988	Georgetown D.H.S.	HIAC	Kingston
1987	Milton D.H.S.	PHSSAA	Toronto
1986	New Liskeard D.H.S.	IAGB	North Bay
1985	O'Neil C.V.I.	COSSA	Brockville
1984	Milton D.H.S.	PHSSAA	Georgetown
1983	Cardinal Leger	TDCAA	London
1982	Hillcrest H.S.	NWOSSA	North York
1981	Michael Power/St. Joseph	TDCAA	Boyd
1980	Georgetown D.H.S.	PHSSAA	London
1979	Georgetown D.H.S.	PHSSAA	Glen Lawrence
1978	West Ferris S.S.	NOSSA	Scarborough
1977	Nelson H.S.	PHSSAA	North Bay
1976	Henry Carr H.S.	TDCAA	St. Catharines
1975	Orillia D.C.I.	GBSSA	Collingwood
1974	West Ferris S.S.	NOSSA	Albion Hills
1973	Orillia D.C.I.	GBSSA	Brantford

## JUNIOR INDIVIDUAL

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2008	Deanna Brasz	SOSSA	Heritage Christian
2007	Colleen Hennessy	GHAC	St. Thomas Aquinas CHS
2006	Jessica Parry	SWOSSAA	Catholic Central H.S.
2005	Esther Vermeer	SOSSA	Smithville D.C.H.S.
2004	Lindsay Carson	CWOSSA	Southwood S.S.
2003	Geneva Winterink	LOSSA	Paul Dwyer C.H.S.
2002	Alyson Kohlmeier	SWOSSAA	St. Patrick's H.S.
2001	Megan Brown	CWOSSA	St. James C.H.S.
2000	Nikki Reckmann	SWOSSAA	Lambton Christian
1999	Nikki Reckmann	SWOSSAA	Lambton Christian
1998	Jessica Warren	SOSSA	Appleby College
1997	Erin McClure	CWOSSA	Waterloo C.I.
1996	Jennifer Handley	GBSSA	Barrie Central C.I.
1995	Jennifer Handley	GBSSA	Barrie Central C.I.
1994	Heidi Cromartin	SWOSSAA	Walkerville S.S.
1993	Mary Jane Richards	NCSSAA	Bell H.S.
1992	Mary Jane Richards	NCSSAA	Bell H.S.
1991	Angie Graham	DYSSAA	Dunbarton H.S.
1990	Kathy Butler	CWOSSA	Waterloo C.I.
1989	Kathy Butler	CWOSSA	Waterloo C.I.
1988	Angela Schwan	CWOSSA	Waterloo C.I.
1987	Jennifer Armstrong	CWOSSA	Saunders S.S.
1986	Missy McCleary	WOSSA	L.B. Pearson S.S.
1985	Michelle Foley	COSSA	Moira S.S.
1984	Brenda Steenhof	HIAC	Milton D.H.S.
1983	Anna Mackay	PHSSAA	Nelson H.S.
1982	Sharon Doig	HIAC	Hillcrest H.S.
1981	Lianne Horne	NOSSA	West Ferris S.S.
1980	Alison Wiley	TDIAA	Branksome Hall
1979	Alison Wiley	TDIAA	Branksome Hall
1978	Sabina Horne	NOSSA	West Ferris S.S.
1977	Janet Dawton	NWOSSA	Lakeview H.S.
1976	D. Schulte	PHSSAA	Westwood S.S.
1975	A.M. Malone	TDCAA	St. Joseph's H.S.
1974	W. Van Mierlo	NOSSA	West Ferris S.S.
1973	R. Lee	PHSSAA	Oakville Trafalgar

**SENIOR TEAM**

<b>YEAR</b>	<b>SCHOOL</b>	<b>ASSOCIATION</b>	<b>SITE</b>
2008	Sacred Heart	NCSSAA	Sarnia
2007	Our Lady of Lourdes	CWOSSA	Niagara Falls
2006	Bishop MacDonell	CWOSSA	Thunder Bay
2005	Birchmount Park C.I.	TDSSAA	Kingston
2004	Our Lady of Lourdes	CWOSSA	Guelph
2003	Sarnia Northern CIVS	SWOSSAA	Renfrew
2002	Sir Winston Churchill S.S.	SOSSA	Port Hope
2001	Governor Simcoe S.S.	SOSSA	Gloucester
2000	E.S. Theriault	NEOAA	Brampton
1999	Leaside H.S.	TSSAA	Toronto
1998	Ursuline College	SWOSSAA	Toronto
1997	St. Patrick's H.S.	SWOSSAA	Cobden
1996	St. Mary's H.S.	WOSSA	Toronto
1995	Barrie North C.I.	GBSSA	London
1994	Barrie North C.I.	GBSSA	Ancaster
1993	Birchmount Park C.I.	SSSAA	Woodbridge
1992	King City S.S.	DYSSAA	Brampton
1991	Cameron Heights C.I.	CWOSSA	Barrie
1990	Bluevale C.I.	CWOSSA	London
1989	Sir F. Banting S.S.	WOSSA	Boyd
1988	Milton D.H.S.	GHAC	Kingston
1987	Senator O'Connor	TDCAA	Toronto
1986	Centre Wellington D.H.S.	CWOSSA	North Bay
1985	Hillcrest H.S.	NWOSSA	Brockville
1984	Hillcrest H.S.	NWOSSA	Georgetown
1983	Chippewa S.S.	NOSSA	London
1982	Thornlea S.S.	GBSSA	North York
1981	Thornlea S.S.	GBSSA	Boyd
1980	Paul Dwyer H.S.	COSSA	London
1979	Paul Dwyer H.S.	COSSA	Glen Lawrence
1978	Paul Dwyer H.S.	COSSA	Scarborough
1977	Nepean H.S.	OVHSAA	North Bay
1976	George S. Henry S.S.	NYSSAA	St. Catharines
1975	George S. Henry S.S.	NYSSAA	Collingwood
1974	George S. Henry S.S.	NYSSAA	Albion Hills
1973	Roland Michener S.S.	IAGB	Brantford

**SENIOR INDIVIDUAL**

<b>YEAR</b>	<b>STUDENT ATHLETE</b>	<b>ASSOCIATION</b>	<b>SCHOOL</b>
2008	Tristan Woodfine	EOSSAA	Opeongo HS
2007	Keesha Danso-Dapaah	ROPSSAA	St. Aloysius of Gonzaga CHS
2006	Danelle Woods		Hillcrest H.S.
2005	Kate Van Buskirk	ROPSSAA	Turner Fenton S.S.
2004	Tarah McKay	CWOSSA	Elmira D.S.S.
2003	Tarah McKay	CWOSSA	Elmira D.S.S.
2002	Diane Nukuri	LOSSA	E.C. Saint C. Garnier
2001	Amy Kohlmeier	SWOSSAA	St. Patrick's H.S.
2000	Carol Henry	GBSSA	Parry Sound D.H.S.
1999	Carol Henry	GBSSA	Parry Sound D.H.S.
1998	Jennifer Handley	GBSSA	Barrie Central C.I.
1997	Emily Tallen	EOSSAA	Frontenac S.S.
1996	Rebecca Stallwood	WOSSA	St. Mary's D.C. & V.I.
1995	Andrea Johnson	TSSAA	Lawrence Park C.I.
1994	Julie Froud	WOSSA	St. Mary's D.C. & V.I.
1993	Angela Graham	DYSSAA	Dunbarton H.S.
1992	Angela Graham	DYSSAA	Dunbarton H.S.
1991	Kathy Butler	CWOSSA	Waterloo C.I.
1990	Angela Schwan	CWOSSA	Waterloo C.I.
1989	Jennifer Armstrong	WOSSA	Saunders S.S.
1988	Carolina Velson	GHAC	White Oaks S.S.
1987	Leanne McVey	IAGB	New Liskeard S.S.
1986	Carole Trepanier	IAGB	E.S. Theriault
1985	Brenda Steenhof	PHSSAA	Milton D.H.S.
1984	Tammy Roberts	COSSA	Pickering D.H.S.
1983	Lisa Reed	WOSSA	London Catholic
1982	Heidi Gerum	TDIAA	Burnhamthorpe C.I.
1981	Louise MacKenzie	PHSSAA	The Woodlands
1980	Kate Wiley	TDCAA	Branksome Hall
1979	Veronica Porychj	NOSSA	Lockerby C.S.
1978	A.M. Malone	TSSAA	North Toronto C.I.
1977	Nancy Rooks	NYSSAA	G.S. Henry S.S.
1976	W. Van Mierlo	NOSSA	West Ferris S.S.
1975	A. Watkins	OVHSAA	J.C. Mackenzie H.S.
1974	A. Watkins	OVHSAA	J.C. Mackenzie H.S.
1973	I. Barnes	IAGB	Roland Michener