

MIDGET BOYS - OFSAA					
EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
<b>100 metres</b>	<b>ET 10.89</b>	<b>Keith Dormond</b>	<b>Graham B. Warren JHS</b>	<b>North York</b>	<b>1981</b>
<b>200 metres</b>	<b>ET 22.30</b>	<b>Chris Robinson</b>	<b>Jacob Hespeler SS</b>	<b>Cambridge</b>	<b>1991</b>
400 metres	ET 49.82	Ian Butcher	Bishop Reding HS	Milton	2002
<b>400 metres</b>	<b>ET 50.84</b>	<b>Mohammed Dhaqane</b>	<b>Birchmount Park CI</b>	<b>Toronto</b>	<b>2005</b>
<b>800 metres</b>	<b>ET 1:53.24</b>	<b>Kevin Sullivan</b>	<b>North Park C &amp; VS</b>	<b>Brantford</b>	<b>1989</b>
<b>1500 metres</b>	<b>ET 3:54.31</b>	<b>Kevin Sullivan</b>	<b>North Park C &amp; VS</b>	<b>Brantford</b>	<b>1989</b>
3000 metres	HT 8:40.3	Chris Brewster	London Catholic Central	London	1979
<b>3000 metres</b>	<b>ET 8:56.06</b>	<b>Stephen Hosier</b>	<b>Lindsay CVI</b>	<b>Lindsay</b>	<b>2007</b>
100m hurdles	ET 13.26	Jermain Martinborough	Pickering HS	Pickering	1997
<b>100m hurdles</b>	<b>ET 13:50</b>	<b>Gabriel Tesfaye</b>	<b>Oakridge SS</b>	<b>London</b>	<b>2007</b>
300m hurdles	ET 39.12	Jermain Martinborough	Pickering HS	Pickering	1997
<b>300m hurdles</b>	<b>ET 40.17</b>	<b>Jeremy Gibbons</b>	<b>W.F.Herman SS</b>	<b>Windsor</b>	<b>2005</b>
4 x 100m relay	ET 44.08	Andrew Leich, Kelsey Armstrong Brian Emanuel, Shayne Mauricette	St. Michael's College	Toronto	1988
<b>4 x 100m relay</b>	<b>ET 45.55</b>	<b>Vushaun Landrum,Jeremy Gibbons Tommy Robinson-Blyth, Patrick Lauzon</b>	<b>W.F.Herman SS</b>	<b>Windsor</b>	<b>2005</b>
High jump	2.04m	Michael Ponikvar	Denis Morris HS	St. Catharines	1995
<b>High jump</b>	<b>1.95m</b>	<b>Jeff Webb</b>	<b>Eden High School</b>	<b>St. Catharines</b>	<b>2007</b>
Pole vault	4.45m	Drew Barrett	King City SS	King City	1992
<b>Pole vault</b>	<b>3.45m</b>	<b>Alex Hoediono</b>	<b>Sir John A Macdonald SS</b>	<b>Waterloo</b>	<b>2007</b>
Long jump	6.79m	Bobby Lewelleyn	George Harvey SS	York	1986
<b>Long jump</b>	<b>6.64m</b>	<b>Carlin McLean</b>	<b>Orchard Park SS</b>	<b>Stoney Creek</b>	<b>2006</b>
Triple jump	14.17m	Devon Davis	Pickering HS	Pickering	1994
Triple jump	14.17m	Kriss Peterson	Sandwich SS	Windsor	1994
<b>Triple jump</b>	<b>13.32m</b>	<b>Nathan Dennis</b>	<b>Vincent Massey SS</b>	<b>Windsor</b>	<b>2005</b>
Shot put (4kg)	18.94m	Shaun Cormier	Parry Sound HS	Parry Sound	1994
<b>Shot put (4kg)</b>	<b>16.95m</b>	<b>Jackson Gray</b>	<b>Sarnia CI &amp; TS</b>	<b>Sarnia</b>	<b>2006</b>
<b>Discus (1kg)</b>	<b>58.98m</b>	<b>Rob Town</b>	<b>Orillia DHS</b>	<b>Orillia</b>	<b>1973</b>
Javelin (600gm)	63.10m	Tom Gawinski	Sarnia Northern CI	Sarnia	1974
<b>Javelin (600gm)</b>	<b>57.95m</b>	<b>Ray Dykstra</b>	<b>Grimsby DSS</b>	<b>Grimsby</b>	<b>2007</b>
<b>bold = existing record with the new OFSAA age rules</b>					

JUNIOR BOYS - OFSAA					
EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	ET 10.71	Eric Frempong	Martingrove CI	Etobicoke	1993
<b>100 metres</b>	<b>ET 10.99</b>	<b>Ian Warner</b>	<b>Birchmount Park CI</b>	<b>Scarborough</b>	<b>2006</b>
	<b>ET 10.99</b>	<b>Phillip Hayle</b>	<b>St. Edmund Campion SS</b>	<b>Brampton</b>	<b>2007</b>
200 metres	ET 21.30	Atlee Mahorn	Central Technical School	Toronto	1983
200 metres	HT 21.0	Eric Frempong	Martingrove CI	Etobicoke	1993
<b>200 metres</b>	<b>ET 21.74</b>	<b>Segun Makinde</b>	<b>Colonel By SS</b>	<b>Ottawa</b>	<b>2007</b>
400 metres	ET 47.69	Liam Card	Saugeen DSS	Port Elgin	1997
<b>400 metres</b>	<b>ET 49.62</b>	<b>Greg Hayes</b>	<b>St. Mary's SS</b>	<b>Hamilton</b>	<b>2004</b>
800 metres	ET 1:50.35	Nathan Brannen	Preston HS	Cambridge	2000
<b>800 metres</b>	<b>ET 1:54.82</b>	<b>Trent Sayers</b>	<b>Sinclair SS</b>	<b>Whitby</b>	<b>2007</b>
1500 metres	ET 3:46.52	Kevin Sullivan	North Park C & VS	Brantford	1991
<b>1500 metres</b>	<b>ET 4:01.10</b>	<b>Kyle Milks</b>	<b>Thousand Islands SS</b>	<b>Brockville</b>	<b>2006</b>
3000 metres	ET 8:20.78	John Castellano	W.A. Porter CI	Scarborough	1983
<b>3000 metres</b>	<b>HT 8:33.65</b>	<b>John Paul Malette</b>	<b>Assumption College</b>	<b>Windsor</b>	<b>2007</b>
<b>100m hurdles</b>	<b>ET 13.40</b>	<b>Townsend Benard</b>	<b>Laura Secord SS</b>	<b>St. Catharines</b>	<b>2007</b>
110m hurdles	ET 14.03	Paul Whitty	Saunders SS	London	1999
300m hurdles	ET 37.06	Troy Langevine	Agincourt CI	Scarborough	1992
<b>300m hurdles</b>	<b>ET 38.87</b>	<b>Asa Ambrose</b>	<b>Sir John A Macdonald SS</b>	<b>Hamilton</b>	<b>2007</b>
4 x 100m relay	ET 42.42	Chris Keane, Vidal Rodriguez Greg Davis, Rayton Archer	Central Technical School	Toronto	1989
<b>4 x 100m relay</b>	<b>ET 43.80</b>	<b>Jameel Bartholomew, Ian Warner</b> <b>Moe Dhaqane, Andre Hamilton</b>	<b>Birchmount Park CI</b>	<b>Scarborough</b>	<b>2006</b>
High jump	2.14m	Michael Ponikvar	Denis Morris HS	St. Catharines	1997
<b>High jump</b>	<b>2.04m</b>	<b>Michael Ponikvar</b>	<b>Denis Morris HS</b>	<b>St. Catharines</b>	<b>1995</b>
Pole vault	4.55m	Jason Wurster	Ridgeway-Crystal Beach HS	Ridgeway	2002
<b>Pole vault</b>	<b>4.45m</b>	<b>Drew Barrett</b>	<b>King City SS</b>	<b>King City</b>	<b>1992</b>
Long jump	7.28m	Steve Grossett	Cardinal Carter SS	Aurora	1999
<b>Long jump</b>	<b>6.79m</b>	<b>Bobby Lewelleyn</b>	<b>George Harvey SS</b>	<b>York</b>	<b>1986</b>
Triple jump	14.90m	Kenen Shadd	Grand River CI	Kitchener	2000
<b>Triple jump</b>	<b>14.17m</b>	<b>Devon Davis</b>	<b>Pickering HS</b>	<b>Pickering</b>	<b>1994</b>
<b>Triple jump</b>	<b>14.17m</b>	<b>Kriss Peterson</b>	<b>Sandwich SS</b>	<b>Windsor</b>	<b>1994</b>
Shot put (5.45kg)	18.20m	Shaun Cormier	Parry Sound HS	Parry Sound	1996
<b>Shot put (4kg)</b>	<b>19.72m</b>	<b>Tim Nedow</b>	<b>Thousand Islands SS</b>	<b>Brockville</b>	<b>2006</b>
Discus (1.62kg)	53.18m	Ernie Demarse	Assumption HS	Windsor	1975
<b>Discus (1kg)</b>	<b>59.77m</b>	<b>Jackson Gray</b>	<b>Sarnia CITS</b>	<b>Sarnia</b>	<b>2007</b>
Javelin (800gm)	65.84m	Trevor Snyder	St. Joseph's HS	Windsor	1999
<b>Javelin (600gm)</b>	<b>58.39m</b>	<b>James Bergamin</b>	<b>Sir James Dunn C &amp; VS</b>	<b>Sault Ste. Marie</b>	<b>2004</b>
<b>bold = existing record with new OFSAA age rules</b>					

<b>SENIOR BOYS - OFSAA</b>					
<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>TOWN OR CITY</b>	<b>YEAR SET</b>
<b>100 metres</b>	<b>ET 10.41</b>	<b>Carlton Chambers</b>	<b>Ascension of our Lord SS</b>	<b>Mississauga</b>	<b>1994</b>
<b>200 metres</b>	<b>ET 21.30</b>	<b>Adam Johnson</b>	<b>Bendale BTI</b>	<b>Toronto</b>	<b>2007</b>
400 metres	ET 46.89	Peter Harper	Lorne Park SS	Mississauga	1979
<b>400 metres</b>	<b>ET 47.71</b>	<b>Adam Johnson</b>	<b>Bendale BTI</b>	<b>Toronto</b>	<b>2007</b>
<b>800 metres</b>	<b>ET 1:48.26</b>	<b>Andrew Heaney</b>	<b>Cardinal Newman CSS</b>	<b>Toronto</b>	<b>2007</b>
<b>1500 metres</b>	<b>ET 3:42.33</b>	<b>Kevin Sullivan</b>	<b>North Park C &amp; VS</b>	<b>Brantford</b>	<b>1993</b>
<b>3000 metres</b>	<b>HT 8:00.2</b>	<b>Greg Anderson</b>	<b>Parkside HS</b>	<b>Dundas</b>	<b>1987</b>
<b>110m hurdles (36")</b>	<b>ET 13.86</b>	<b>Jamie Ryder</b>	<b>Sir Frederick Banting HS</b>	<b>London</b>	<b>2006</b>
110m hurdles (39")	ET 13.78	Adam Kunkel	Walkerton DSS	Walkerton	2000
<b>400m hurdles</b>	<b>ET 51.68</b>	<b>Phillip Hughes</b>	<b>Earl of March SS</b>	<b>Kanata</b>	<b>1985</b>
4 x 100m relay	ET 41.28	Wendell Charles, Ian Hilton Davey Gill, Clive James	George Harvey CI	York	1988
<b>4 x100 relay</b>	<b>ET 41.90</b>	<b>Matt Haggarty, Nick Riva</b> <b>David Gomes, Nathan Riva</b>	<b>Sandwich SS</b>	<b>Windsor</b>	<b>2006</b>
<b>High jump</b>	<b>2.24m</b>	<b>Michael Ponikvar</b>	<b>Denis Morris HS</b>	<b>St. Catharines</b>	<b>1998</b>
<b>Pole vault</b>	<b>4.87m</b>	<b>Rob Lindsay</b>	<b>South Carleton HS</b>	<b>Richmond</b>	<b>1984</b>
<b>Long jump</b>	<b>7.60m</b>	<b>Brian Thomas</b>	<b>Central Technical School</b>	<b>Toronto</b>	<b>1990</b>
<b>Triple jump</b>	<b>15.76m</b>	<b>George Wright</b>	<b>Vaughan Road CI</b>	<b>York</b>	<b>1982</b>
<b>Shot put (5.45kg)</b>	<b>20.09m</b>	<b>Mike Barnes</b>	<b>Saltfleet DHS</b>	<b>Stoney Creek</b>	<b>2005</b>
<b>Discus (1.62kg)</b>	<b>62.58m</b>	<b>Jason Tunks</b>	<b>Sir Frederick Banting HS</b>	<b>London</b>	<b>1995</b>
<b>Javelin (800gm)</b>	<b>71.22m</b>	<b>Trevor Snyder</b>	<b>St. Joseph's HS</b>	<b>Windsor</b>	<b>2000</b>
<b>bold = existing record with new OFSAA age rules</b>					

<b>OPEN BOYS - OFSAA</b>					
<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>TOWN OR CITY</b>	<b>YEAR SET</b>
<b>2000m steeplechase</b>	<b>ET 5:37.76</b>	<b>Alain Boucher</b>	<b>ES Algonquin</b>	<b>North Bay</b>	<b>1982</b>
<b>4 x 400m relay</b>	<b>HT 3:10.8</b>	<b>Kingsley O'Henhen, Anthony Wilson Phillip Gordon, Carl Folkes</b>	<b>Central Technical School</b>	<b>Toronto</b>	<b>1987</b>

<b>MIDGET GIRLS - OFSAA</b>					
<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>TOWN OR CITY</b>	<b>YEAR SET</b>
100 metres	ET 12.05	Dionne Wright	C. W. Jefferys SS	North York	1989
<b>100 metres</b>	<b>ET 12.48</b>	<b>Emma Rounq</b>	<b>Ancaster High</b>	<b>Ancaster</b>	<b>2007</b>
<b>200 metres</b>	<b>ET 24.42</b>	<b>Emily Johnson</b>	<b>John F. Ross CVI</b>	<b>Guelph</b>	<b>2002</b>
<b>400 metres</b>	<b>HT 55.4</b>	<b>Linda Orr</b>	<b>Aldershot HS</b>	<b>Burlington</b>	<b>1978</b>
<b>400 metres</b>	<b>ET 56.20</b>	<b>Natalie Geiger</b>	<b>Stouffville DHS</b>	<b>Stouffville</b>	<b>2005</b>
800 metres	HT 2:13.2	Joanne Graves	Westwood SS	Mississauga	1976
<b>800 metres</b>	<b>ET 2:13.40</b>	<b>Michelle Bathurst</b>	<b>Oakridge SS</b>	<b>London</b>	<b>1983</b>
1500 metres	ET 4:31.31	Alyson Kohlmeier	St. Patrick's HS	Sarnia	2002
<b>1500 metres</b>	<b>ET 4:36.30</b>	<b>Lindsay Carson</b>	<b>Southwood SS</b>	<b>Cambridge</b>	<b>2004</b>
<b>3000 metres</b>	<b>ET 9:44.67</b>	<b>Jennifer Armstrong</b>	<b>London South SS</b>	<b>London</b>	<b>1986</b>
<b>80m hurdles</b>	<b>ET 11.29</b>	<b>Jessica Zelinka</b>	<b>Sir Frederick Banting CI</b>	<b>London</b>	<b>1996</b>
300m hurdles	ET 42.46	Jessica Zelinka	Sir Frederick Banting CI	London	1997
<b>300m hurdles</b>	<b>ET 43.94</b>	<b>Kelsey Balkwill</b>	<b>Essex DHS</b>	<b>Essex</b>	<b>2007</b>
4 x 100m relay	ET 49.08	Victoria Bendle, Ashley Fader Jessica Zelinka, Emily Carincross	Sir Frederick Banting CI	London	1997
<b>4 x100m relay</b>	<b>ET 49.82</b>	<b>Christine Prince, Katherine Lawrence Shanyce Shaw, Christine Exeter</b>	<b>Pickering HS</b>	<b>Pickering</b>	<b>2007</b>
<b>High jump</b>	<b>1.74m</b>	<b>Lea-Anne Madill</b>	<b>Centennial SS</b>	<b>Guelph</b>	<b>1984</b>
<b>Long jump</b>	<b>5.76m</b>	<b>Jessica Zelinka</b>	<b>Sir Frederick Banting CI</b>	<b>London</b>	<b>1996</b>
Triple jump	11.80m	Crystal Shadd	Grand River CI	Kitchener	1991
<b>Triple jump</b>	<b>11.80m</b>	<b>Tabia Charles</b>	<b>Pine Ridge SS</b>	<b>Pickering</b>	<b>2000</b>
Shot put (4kg)	13.61m	Sultana Frizell	Perth and District CI	Perth	2000
<b>Shot put (4kg)</b>	<b>10.71m</b>	<b>Jessi Pilling</b>	<b>Sir Frederick Banting CI</b>	<b>London</b>	<b>2006</b>
<b>Discus (1kg)</b>	<b>40.78m</b>	<b>Liz Polyak</b>	<b>North Park C &amp; VS</b>	<b>Brantford</b>	<b>1979</b>
<b>Javelin (600gm)</b>	<b>41.24m</b>	<b>Meredith Popp</b>	<b>Holy Names HS</b>	<b>Windsor</b>	<b>1995</b>
<b>bold = existing record with new OFSAA age rules</b>					

JUNIOR GIRLS - OFSAA					
EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	ET 11.76	Angela Phipps	The Woodlands SS	Mississauga	1981
<b>100 metres</b>	<b>ET 12.05</b>	<b>Dionne Wright</b>	<b>C.W. Jefferys SS</b>	<b>North York</b>	<b>1989</b>
200 metres	ET 23.89	France Gareau	ES Franco-Cite	Sturgeon Falls	1984
<b>200 metres</b>	<b>ET 25.15</b>	<b>Rebecca Johnston</b>	<b>Lo-Ellen Park SS</b>	<b>Sudbury</b>	<b>2005</b>
400 metres	ET 55.05	Nadia Schmiedt	John Paul II HS	London	1994
<b>400 metres</b>	<b>ET 56.04</b>	<b>Natalie Geiger</b>	<b>Stouffville DHS</b>	<b>Stouffville</b>	<b>2006</b>
<b>800 metres</b>	<b>ET 2:08.29</b>	<b>Jessica Parry</b>	<b>Catholic Central HS</b>	<b>London</b>	<b>2007</b>
1500 metres	ET 4:28.09	Lianne McVey	New Liskeard SS	New Liskeard	1987
<b>1500 metres</b>	<b>ET 4:32.16</b>	<b>Jessica Parry</b>	<b>Catholic Central HS</b>	<b>London</b>	<b>2007</b>
3000 metres	ET 9:33.40	Jennifer Armstrong	Saunders SS	London	1987
<b>3000 metres</b>	<b>ET 10:00.90</b>	<b>Amanda Truelove</b>	<b>St. Joan of Arc HS</b>	<b>Barrie</b>	<b>2006</b>
80m hurdles	ET 11.22	Karen Nelson	Dr. F. J. Donevan CI	Oshawa	1981
<b>80m hurdles</b>	<b>ET 11.96</b>	<b>Meghan Harris</b>	<b>Sir Frederick Banting CI</b>	<b>London</b>	<b>2006</b>
300m hurdles	ET 41.66	Nadia Schmiedt	John Paul II HS	London	1994
<b>300m hurdles</b>	<b>ET 42.46</b>	<b>Jessica Zelinka</b>	<b>Sir Frederick Banting CI</b>	<b>London</b>	<b>1997</b>
4 x 100m relay	ET 47.91	Zeticia Gill, Cherise Devers	Mary Ward Catholic SS	Toronto	2001
		Leanne Gonsalves, Lindsay Wilson			
<b>4 x 100m relay</b>	<b>ET 49.08</b>	<b>Victoria Bendle, Ashley Fader</b>	<b>Sir Frederick Banting CI</b>	<b>London</b>	<b>1997</b>
		<b>Jessica Zelinka, Emily Carincross</b>			
High jump	1.84m	Julie White	Brampton Centennial SS	Brampton	1975
<b>High jump</b>	<b>1.75m</b>	<b>Michelle Theophile</b>	<b>Father Leo J Austin CSS</b>	<b>Whitby</b>	<b>2007</b>
<b>Pole vault</b>	<b>3m20</b>	<b>Erika Reiser</b>	<b>Sandwich SS</b>	<b>LaSalle</b>	<b>2005</b>
Long jump	6.13m	Nicole Ali	Woburn CI	Scarborough	1981
<b>Long jump</b>	<b>5.48m</b>	<b>Catherine Okoukoni</b>	<b>Cardinal Carter SS</b>	<b>Aurora</b>	<b>2006</b>
Triple jump	12.36m	Tabia Charles	Pine Ridge SS	Pickering	2002
<b>Triple jump</b>	<b>11.80m</b>	<b>Crystal Shadd</b>	<b>Grand River CI</b>	<b>Kitchener</b>	<b>1991</b>
Shot put (4kg)	14.35m	Sultana Frizell	Perth and District CI	Perth	2002
<b>Shot put (4kg)</b>	<b>13.61m</b>	<b>Sultana Frizell</b>	<b>Perth and District CI</b>	<b>Perth</b>	<b>2000</b>
Discus (1kg)	43.42m	Liz Polyak	North Park C & VS	Brantford	1981
<b>Discus (1kg)</b>	<b>39.25m</b>	<b>Amy Town</b>	<b>Orillia DC &amp; VI</b>	<b>Orillia</b>	<b>2005</b>
Javelin (600gm)	46.60m	Margaret Griffiths	F. J. Brennan SS	Windsor	1989
<b>Javelin (600gm)</b>	<b>40.24m</b>	<b>Beth Wachna</b>	<b>Holy Names HS</b>	<b>Windsor</b>	<b>2004</b>
<b>bold = existing record with new OFSAA age rules</b>					

<b>SENIOR GIRLS - OFSAA</b>					
<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>TOWN OR CITY</b>	<b>YEAR SET</b>
100 metres	ET 11.54	Ashley Purnell	St. Mark HS	Manotick	2002
200 metres	ET 23.78	Sherine Wells	Westview Centennial SS	Toronto	2007
400 metres	ET 53.32	Charmaine Crooks	West Toronto SS	Toronto	1980
800 metres	ET 2:05.94	Elise Braithwaite	Elmwood School for Girls	Ottawa	1984
1500 metres	ET 4:23.52	Alison Wiley	Branksome Hall	Toronto	1982
3000 metres	ET 9:30.64	Kate Wiley	Branksome Hall	Toronto	1981
100m hurdles (.84m)	ET 13.78	Karen Nelson	Dr. F. J. Donevan CI	Oshawa	1982
100m hurdles (.762m)	ET 13.41	Perdita Felicien	Pine Ridge SS	Pickering	1998
400m hurdles	ET 58.65	Nadia Schmiedt	John Paul II HS	London	1995
4 x 100m relay	ET 47.60	Omoye Ugiagbe, Zeticia Gill Leanne Gonsalves, Lindsay Wilson	Mary Ward Catholic SS	Scarborough	2003
High jump	1.88m	Julie White	Brampton Centennial SS	Brampton	1979
Pole vault	3.55m	Jen House	Oakridge SS	London	2007
Long jump	6.16m	Keron Hamilton	Burlington Central HS	Burlington	1986
Triple jump	12.36m	Tabia Charles	Pine Ridge SS	Pickering	2002
Shot put (4kg)	14.35m	Sultana Frizell	Perth and District CI	Perth	2002
Discus (1kg)	47.62m	Michelle Brotherton	Birchmount Park CI	Scarborough	1986
Javelin (600gm)	49.48m	Louise Perreault	Arnprior DHS	Arnprior	1986

<b>OPEN GIRLS - OFSAA</b>					
<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>TOWN OR CITY</b>	<b>YEAR SET</b>
<b>4 X 400m relay</b>	<b>ET 3:47.35</b>	<b>Lindsay Wilson, Danielle Abraham Zeticia Gill, Omoye Ugiagbe</b>	<b>Mary Ward Catholic SS</b>	<b>Scarborough</b>	<b>2002</b>
<b>1500 m steeplechase</b>	<b>ET 4:58.07</b>	<b>Lydia Willemse</b>	<b>St. Christopher SS</b>	<b>Sarnia</b>	<b>2005</b>



<b>CANADIAN INTERSCHOLASTIC TRACK AND FIELD RECORDS - BOYS</b>					
<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>TOWN OR CITY</b>	<b>YEAR SET</b>
100 metres	HT 10.4	Hugh Spooner	Newtonbrook SS	North York, Ont.	1975
	HT 10.4	Desai Williams	Northview Heights SS	North York, Ont.	1978
	ET 10.41	Carlton Chambers	Ascension of our Lord HS	Mississauga, Ont.	1994
200 metres	ET 20.95	Atlee Mahorn	Central Technical School	Toronto, Ont.	1984
400 metres	ET 46.27	Carl Folkes	Central Technical School	Toronto, Ont.	1987
800 metres	ET 1:48.26	Andrew Heaney	Cardinal Newman CSS	Toronto, Ont.	2007
1500 metres	ET 3:42.33	Kevin Sullivan	North Park C & VS	Brantford, Ont.	1993
3000 metres	HT 8:00.2	Greg Anderson	Parkside HS	Dundas, Ont.	1987
5000 metres	ET 14:35.06	Jeff Schiebler	New Westminster HS	New Westminster, B.C.	1990
110m hurdles (.99m)	ET 13.78	Adam Kunkel	Walkerton DSS	Walkerton, Ont.	2000
300m hurdles (.84m)	ET 37.06	Troy Langevine	Agincourt CI	Scarborough, Ont.	1992
400m hurdles (.914m)	ET 51.68	Phillip Hughes	Earl of March SS	Kanata, Ont.	1985
4 x 100m relay	ET 41.28	Wendell Charles, Ian Hilton Davey Gill, Clive James	George Harvey CI	York, Ont.	1988
4 x 400m relay	HT 3:10.8	Kingsley O'Henhen, Anthony Wilson Phillip Gordon, Carl Folkes	Central Technical School	Toronto, Ont.	1987
1500m racewalk	ET 6:07.61	Eric Roze	Dutchess Park HS	Prince George, B.C.	1999
1500m steeplechase	HT 4:14.1	Dave Peckham	East Northumberland SS	Brighton, Ont.	1977
2000m steeplechase	ET 5:37.76	Alain Boucher	ES Algonquin	North Bay, Ont.	1982
High Jump	2.24m	Michael Ponikvar	Denis Morris HS	St. Catharines, Ont.	1998
Pole Vault	5.10m	Doug Wood	F. E. Madill SS	Wingham, Ont.	1985
Long Jump	7.75m	Brian Thomas	Central Technical School	Toronto, Ont.	1990
Triple Jump	15.76m	George Wright	Vaughan Road CI	York, Ont.	1982
Shot Put (5.45kg)	20.78m	Brad Snyder	St. Joseph's HS	Windsor, Ont.	1995
Discus (1.62kg)	64.94m	Jason Tunks	Sir Frederick Banting HS	London, Ont.	1995
Javelin (800gm)	73.76m	Trevor Snyder	St. Joseph's HS	Windsor, Ont.	2001
Hammer (5.45kg)	75.22m	Dylan Armstrong	Westsyde HS	Kamloops, B.C.	1999
Decathlon	6685 points	Derek Evelyn	Burnaby Central HS	Burnaby, B.C.	1983

<b>CANADIAN INTERSCHOLASTIC TRACK AND FIELD RECORDS - GIRLS</b>					
<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>TOWN OR CITY</b>	<b>YEAR SET</b>
100 metres	HT 11.3	Angella Taylor	Parkdale CI	Toronto, Ont.	1979
	ET 11.54	Ashley Purnell	St. Mark HS	Manotick, Ont.	2002
200 metres	HT 23.3	Angella Taylor	Parkdale CI	Toronto, Ont.	1979
	ET 23.58	Atia Weeks	Crescent Heights HS	Calgary, Alberta	1998
400 metres	ET 52.74	Carline Muir	Weston CI	Toronto, Ont.	2005
800 metres	ET 2:05.94	Elise Braithwaite	Elmwood School for Girls	Ottawa, Ont.	1980
1500 metres	ET 4:23.52	Alison Wiley	Branksome Hall	Toronto, Ont.	1982
3000 metres	ET 9:30.64	Kate Wiley	Branksome Hall	Toronto, Ont.	1981
80m hurdles (.762m)	ET 11.01	Jessica Zelinka	Sir Frederick Banting CI	London, Ont.	1998
100m hurdles (.84m)	ET 13.78	Karen Nelson	Dr. F. J. Donevan CI	Oshawa, Ont.	1982
100m hurdles (.782m)	ET 13.15	Jessica Zelinka	Sir Frederick Banting CI	London, Ont.	2000
300m hurdles (.762m)	ET 41.66	Nadia Schmiedt	John Paul II HS	London, Ont.	1994
400m hurdles (.762m)	ET 58.03	Nadia Schmiedt	John Paul II HS	London, Ont.	1995
1500 m steeplechase	ET 4:58.07	Lydia Willemse	St. Christopher SS	Sarnia, Ont.	2005
4 x 100m relay	ET 47.60	Omoye Ugiagbe, Zeticia Gill Leanne Gonsalves, Lindsay Wilson	Mary Ward Catholic SS	Scarborough, Ont.	2003
4 x 400m relay	ET 3:47.35	Lindsay Wilson, Danielle Abraham Zeticia Gill, Omoye Ugiagbe	Mary Ward Catholic SS	Scarborough, Ont.	2002
1500m racewalk	ET 6:26.67	Megan Huzzey	Belmont HS	Victoria, B.C.	2003
High Jump	1.88m	Julie White	Brampton Centennial SS	Brampton, Ont.	1979
Pole Vault	3m80	Adrienne Vangool	Holy Cross HS	Prince Albert, Sask.	2003
	3m80	Leah Vause	Aden Bowman Collegiate	Saskatoon, Sask.	2005
	3m80	Stacey Irvine	Smithers CC	Smithers, B.C.	2007
Long Jump	6.16m	Keron Hamilton	Burlington Central HS	Burlington, Ont.	1986
Triple Jump	12.36m	Tabia Charles	Pine Ridge SS	Pickering, Ont.	2002
Shot Put (4kg)	14.61m	Sultana Frizell	Perth and District Ci	Perth, Ont.	2003
Discus (1kg)	52.52m	Michelle Brotherton	Birchmount Park CI	Scarborough, Ont.	1986
Javelin (600gm)	51.94m	Cheryl Coker	Carleton Place HS	Carleton Place, Ont.	1984
Hammer	51.72m	Jennifer Padrinao	Holy Cross CHS	Surrey, B.C.	2000
Heptathlon	5262 points	Kelly Ann Kempf	D.W. Poppy HS	Langley, B.C.	1985
		<b>Records kept by:</b>	<b>Mr. Ian Anderson</b>		
			<b>34 Courtsfield Crescent</b>		
			<b>Toronto, Ontario</b>		
			<b>M9A 4S9</b>		